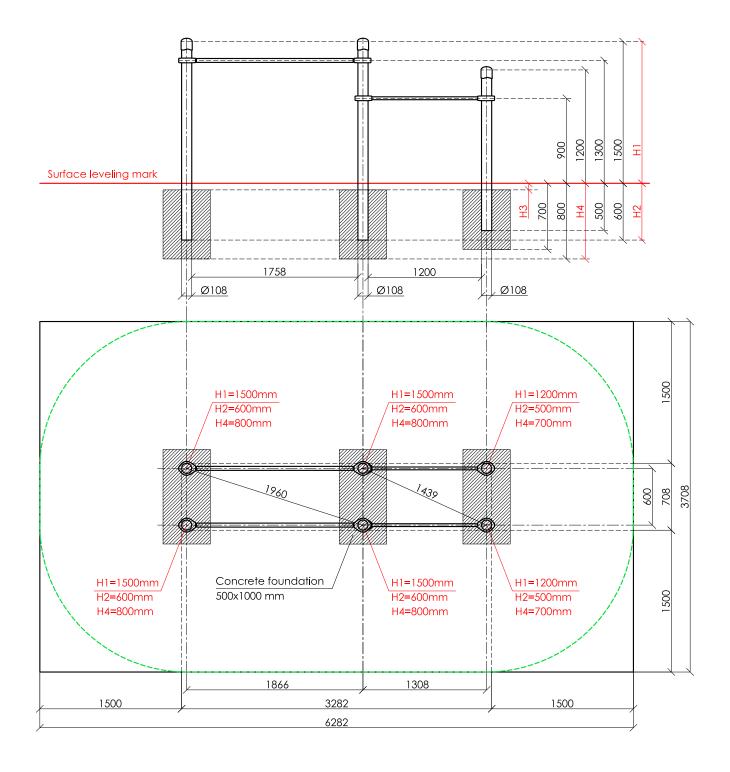
SCALE 1:40





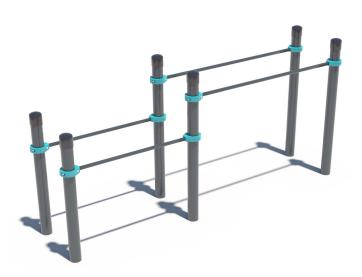
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K-009

Double parallel bars for press-up with different levels



The construction consists of six vertical columns of different height and four horizontal crossbars: 2 pieces – 1200 mm in length, 2 pieces – 1758 mm in length. Crossbars are placed parallel. The distance between the parallel bars is 600 mm. Construction is secured together with siluminium clamps. Weight 138,2 kg

Installation instructions:

- Choose a suitable underground for the unit (see page 2, table 2)!
- Prepare the construction pit with a drilling machine or other devices.
- Before pouring the concrete all structures elements must be leveled and fixed.
- Complex elements must be fixed and bolted together with metal clamps.
- Ready-made C25 concrete should be used.
- Crossbars installation height can be changed according to customer's wishes.
- Approximately 0,15m³ concrete is needed for each spot foundation.
- Under the structures we recommend to install absorbing rubber cover.

The size of the hole for the foundation is depending on the consistency of the ground. The dimensions mentioned above are applicable for normal conditions with firm ground. If the ground is extremely soft, a much bigger foundation is needed. Use only appropriate material and follow the installation instructions closely!!!

Foundation plan and area of movement of the K-009 Double parallel bars for press-up with different levels				Technical information		
Foundation when using Shock absorbing underground (syntethic – rubber granulates)		Beveling of foundation when using loose filling material		width: height: lenght:	708 mm 1550 mm 3282 mm	
H3 40 mm	Drop height > 1.21.4 m	H3 20 cm	Drop height < 1.0 m	largest part: weight:	2150 mm 138,2 kg	
50 mm 60 mm	> 1.51.7 m > 1.82.0 m	30 cm 40 cm	< 2.0 m	floor space required pipe measurements:	6282 x 3708 mm diameter: wall thickness:	
70 mm	> 2.12.5 m	surface leveling mark loose filling material R200 steel tube concrete	Ø108 H H 200 200 200 200 200 200 20		108 mm 42.4 mm 33.7 mm	3.2 mm 3.2 mm 3.2 mm
surface leveling mark shock absorbing underground steel tube concrete				metal parts: metal clamps:	steel, galvanized, powder coated RAL 7016 (anthracite grey) siluminium, powder coated, RAL 5018 (turquise blue)	
				bolts for metal clamps	stainless steel, Pin Hex Button Head Security bolts M10	
				max. free fall height:	< 1300 mm	possible underground see DIN 79000:2012-05 Tab.2 or installation instructions
<u> </u>				user height:	> 140 cm	
				maximum user weight:	130 kg	
			certificates:	TÜV Rheinland InterCert Kft.		